



# Kelvin Grove State College

The Pursuit of Excellence With All Our Might

## Course Structure

	Sessions Per Week	Strength and Conditioning	Physiotherapy Screenings	Physiotherapy Triage	Injury Rehabilitation	Nutrition Program	Yoga	Sport Psychology	Cert III in Fitness	Cert IV in Fitness
Year 4 - 6	4	*					*	*		
Year 7	8/9	*	*	*	*	*	*	*		
Year 8	8/9	*	*	*	*	*	*	*		
Year 9	8/9	*	*	*	*	*	*	*		
Year 10	8/9	*	*	*	*	*	*	*	*	
Year 11	8/9	*	*	*	*	*	*	*	*	
Year 12	8/9	*	*	*	*	*	*	*		Optional extra