



Kelvin Grove State College

The Pursuit of Excellence With All Our Might

Course Structure

| | Sessions Per Week | Strength and Conditioning | Physiotherapy Screenings | Physiotherapy Triage | Injury Rehabilitation | Nutrition Program | Yoga | Sport Psychology | Cert III in Fitness | Cert IV in Fitness |
|---------|-------------------|---------------------------|--------------------------|----------------------|-----------------------|-------------------|------|------------------|---------------------|--------------------|
| Year 6 | 2 | | | | | | | | | |
| Year 7 | 3 | * | * | * | * | * | | | | |
| Year 8 | 3 | * | * | * | * | * | | | | |
| Year 9 | 5 | * | * | * | * | * | * | * | | |
| Year 10 | 4 | * | * | * | * | * | * | * | * | |
| Year 11 | 5 | * | * | * | * | * | * | * | * | |
| Year 12 | 5 | * | * | * | * | * | * | * | | Optional extra |