

# EXCELLENCE STAFF



## **Mike Dalgleish**

Michael is an APA Sports and Exercise Physiotherapist. Michael has worked with National Teams in Women's Hockey, Diving and Men's Football. He was the Australian Team Physiotherapist for 1990 Auckland Commonwealth Games Team and spent over a decade as Team Physiotherapist to the Queensland State of Origin and Broncos Rugby League Teams. Michael has been the Queensland Academy of Sport Squad Physiotherapist.



## **Tristan Coulter**

Tristan has a Masters and PhD in Sport & Exercise Psychology. He is a Senior Lecturer in Psychology at QUT. Tristan has worked with the English Cricket Board and is the current psychologist for the Gold Coast Suns.



## **Trent Steele** Program Coordinator.

Trent is the Met North Tennis Delegate. With a swimming background, Trent was a former State Team member for 8 years, Junior National Champion and National Team member. Program coordinator since 2017 he has taken Kelvin Grove tennis teams to National and International events.



## **Katie Delimon**

With a long personal journey of exploring yoga, meditation and reiki Katie has a deep passion for helping people manage their bodies physically and spiritually.



## **Todd Snowdon**

Todd has a Bachelor in Clinical Exercise Physiology and his attention to detail and expertise in rehabilitation has led to improved recovery times. Todd is extremely passionate in obtaining the best outcome for his athletes.



## **Joanne Dalgleish**

Jo is an experienced Physiotherapist who has worked for years as an integral part of Optima, and now the Bowen Hills based QSMC. Jo spearheads the organisation and the majority of the follow up sessions to the Physical Screenings that Kelvin Grove Excellence athletes undergo.