Kelvin Grove State College

Rationale
This SunSmart Policy has been developed to ensure that all students and workers (ie teachers, staff and volunteers) of Kelvin Grove State College maintain a healthy UV exposure balance which minimises the risk of skin cancer with appropriate sun protection measures, yet ensures some daily sun exposure for vitamin D requirements.

Objectives
- Assist the College community to achieve a healthy UV balance.
- Encourage the entire College community to use a combination of sun protection measures whenever UV levels reach 3 and above.

Implementation
Curriculum
- Educational programs on skin cancer prevention and healthy UV exposure for vitamin D are incorporated into appropriate areas of the school curriculum in all year levels.

Uniform/clothing
Whenever UV levels are 3 or above:
- Students are actively encouraged to wear suitable sun-safe headwear whenever they are outside.
- The summer uniform/dress code includes a shirt with a collar.
- Longer style skirts/shorts/pants at least to the knee are also included.
- Staff are required to wear broad-brimmed, legionnaire or bucket hats (or alternatively use a parasol/umbrella) for all outdoor activities, including yard duty.
- Parents should also be encouraged to wear broad-brimmed, legionnaire or bucket hats (or alternatively use a parasol/umbrella) when participating in and attending outdoor school activities.
- The school will support those staff and students who choose to wear sunglasses. A close fitting wrap around style that meets AS 1067 is recommended.

Sunscreen
Whenever UV levels are 3 or above:
- Students and staff are actively encouraged to apply SPF30 (or higher) broad-spectrum, water-resistant sunscreen regularly eg. prior to school, before lunch, PE lessons, sport, excursions, etc.
- Sunscreen is easily available throughout the school for staff and student use.
- With appropriate consultation, students with naturally very dark skin (skin that rarely or never burns) are not required to wear sunscreen.

Sport and Physical Education
Whenever UV levels are 3 or above:
Students are actively encouraged to wear broad-brimmed, legionnaire or bucket hats for sport and physical education.

The school sport uniform/dress code includes shirts with collars, singlets are not to be worn for outdoor sporting events.

For outdoor swimming carnivals and events, students should be encouraged to wear a t-shirt or rash vest.

Where possible, outdoor activities/events will be scheduled to minimise time in direct sun e.g. earlier in the morning or later in the afternoon. The use of indoor and shaded facilities will be considered at other times where possible.

Physical Ed teachers will be required to wear a broad brimmed, legionnaire or bucket style hat, and sensible clothing that covers skin, ie at least elbow length sleeves and knee length shorts, or preferably long pants.

Legionnaire style hats are available for student use when they have not brought their own hat to a lesson.

**Camps and Excursions**

Whenever UV levels are 3 or above:

- Sun protection is considered in the planning of all camps and excursions.
- Processes for the planning of outdoor activities and excursions include the provision of shade areas Eg permanent and portable structures, and access to trees etc,
- Middle and Senior school have two 3 x 3m portable shade structures, and one 3 x 6m portable shade structure available for use on camps and excursions.

**Shade**

Whenever UV levels are 3 or above:

- The school council/board ensures shade provision is considered in plans for future buildings and grounds.
- The school council/board ensures shade is available in the school grounds particularly in areas where students congregate – for example, lunch areas, canteen, outdoor lesson areas. If this is not possible, the school is working towards increasing and/or maintaining shade (built, portable or natural) in the school grounds.
- Where shade is otherwise not available, temporary shade structures will be considered for events such as sports carnivals.
- Students and staff are actively encouraged to use shade when outside, particularly if they are not wearing appropriate hat or clothing.

**Occupational Safety and Health**

Whenever UV levels are 3 or above:

- As part of OHS UV risk controls and role modelling, all workers are required to use a combination of sun protection measures (sun protective clothing, broad brimmed hats, sunglasses, sunscreen and shade) when outside.
General awareness and reminders

- The school actively promotes a positive culture around sun protection. i.e. Via school newsletters, notice boards, assembly announcements and school website etc
- A SunSmart Web Widget is on the College website to aid in the promotion of sun-safe practices to the entire College community.

Professional Learning

- Information about a balanced approach to UV exposure is included in staff training to enable staff to work safely outdoors and encourage them to be positive role models.
- Information on appropriate UV exposure measures are included in staff manuals.
- New staff are provided with a copy of this policy as part of their induction. Teaching staff are encouraged to complete Cancer Council’s free online professional learning modules at www.GenerartionSunSmart.com