Golf School of Excellence

YEAR 11 & 12 - Subject Information

- **Faculty & Location**: HPE - K Block
- **QSA Subject Name (school code)**: Golf Excellence (GOL)
- **Year Levels for Course of Study**: 11 & 12
- **OP & (OP Ineligible) Rank Status**: Does not contribute to OP or rank
- **QCE Status**: Students can receive a total of 8 QCE points through completion of a Certificate III in fitness, which is undertaken from year 10.
- **VET Status**: NA
- **Semester Assessment Types**: Physical Performance through Fitness and Skills testing
- **Costs**: Contact Excellence Coordinator
- **Prerequisites**: Students accepted by completion of a trial. Contact Excellence Coordinator
- **Course Content & Notes**: Skills, tactics and strategies, game play, tournament preparation, physiotherapy screening, nutrition, sport psychology, fitness and conditioning.

Further information available on the College website:
http://kelvingrovesc.eq.edu.au/wcms/

YEAR 10 - Subject Information

- **Subject Name (school code)**: Golf Excellence (GOL)
- **QSA Subject Name (school code)**: Not a QSA subject
- **Year 10 Course of Study**: Semester 1 & 2
- **QCE & Rank Status**: Students can receive a total of 8 QCE points through completion of a Certificate III in fitness, which is undertaken from year 10.
- **Semester Assessment Types**: Physical Performance through skills and fitness testing
- **Costs**: Contact Excellence Coordinator
- **Prerequisites**: Students accepted by completion of a trial. Contact Excellence Coordinator
- **Course Content & Notes**: Skills, tactics and strategies, game play, tournament preparation, physiotherapy screening, nutrition, sport psychology, fitness and conditioning.

SIS30310 Certificate III in Fitness

- SISFFIT301A Provide fitness orientation and health screening
- SISFFIT302A Provide quality service in the fitness industry
- SISFFIT303A Develop and apply an awareness of specific populations to exercise delivery
- SISFFIT305A Apply anatomy and physiology principles in a fitness context
- SISFFIT306A Provide healthy eating information to clients in accordance with recommended guidelines
- SISXFAC201A Maintain sport and recreation equipment for activities

- SISXIND101A Work effectively in sport and recreation environments
- SISXOHS101A Follow occupational health and safety policies
- SISXRSK301A Undertake risk analysis of activities
- HLTFA301B Apply first aid
- SISFFIT304A Instruct and monitor fitness programs
- SISFFIT310A Plan and deliver water based fitness activities
- SISFFIT309A Plan and deliver group exercise sessions
- SISFFIT307A Undertake client health assessment