Selection Criteria

Acceptance into the Queensland Tennis School of Excellence is dependent upon a student’s ability to meet certain criteria. Students wishing to be considered for the Tennis School of Excellence must demonstrate the following:

- Applicants must be of acceptable playing standard and be prepared to reach their full potential with dedication and hard work.
- Proven tennis skill and ability (all students wishing to be accepted will be trialled to assess suitability).
- Ability to work with others in pursuit of tennis excellence.
- Willingness to study other academic subjects at Kelvin Grove State College.
- The financial ability to meet the costs associated with tennis studies.
- Proven exemplary record of attitude, industry and behaviour in a school community.
- Willingness to promote tennis in all its facets.
- Students will be required to compete in all available competitions during the year at the discretion of the coordinator.
- Students must be prepared to undertake home study each school night and demonstrate a desire to complete their schooling.

Tennis

- Level played
- Representative honours
- Potential and coach ability

Schoolwork

- Achievement – most recent achievement levels
- Behaviour and industry – comments and ratings on most recent reports
- An exemplary behaviour record (evidence to be provided)

Fees

The Queensland Tennis School of Excellence current fee structure is available upon request. Course fees include all coaching, lectures and courses as well as physiological screening each year. Kelvin Grove State College is a government school and therefore, academic tuition for domestic students attracts a standard Resource charge and additional levies as per individual subject areas. All excursions and extra curricular activities incur an additional charge.

Application Process

Please complete an Expression Of Interest For Student Enrolment form and return to Enrolments Officer, Kelvin Grove State College. For further information please contact the Tennis Excellence Coordinator on 3552 7361 or Enrolments Officer on 3552 7340.
General Information

The Excellence in Tennis program was introduced at Kelvin Grove State College in 1984. It was the first Excellence program of its type in sport in Australia. The program has developed with the support of Tennis Australia and the Australian Institute of Sport to become the Queensland Tennis School of Excellence.

The program is designed for Years 8, 9, 10, 11 and 12 students and is undertaken as one of the subjects students study whilst completing their middle and senior years. We also offer a Middle/Primary School program, for Years 4, 5, 6, and 7 which provides a pathway for students into the Middle/Senior School Tennis School of Excellence. The quality of the program is maintained by five recognised coaches.

Aim

To provide students who have identified tennis talent with an opportunity to develop their skills and provide a genuine learning pathway in Tennis and Sports Studies linked with TAFE.

Course Overview

The Queensland Tennis School of Excellence provides students with the opportunity to gain practical experience in tennis and other related areas to give them a variety of career paths when they leave school. Students have access to recognised accredited tennis coaches, a gymnasium, fitness instructor and physiotherapist who 'screens' players and conducts fitness assessments.

Future prospects abound, as tennis offers the opportunity to participate in competitions throughout Australia and internationally. Tertiary studies in Leisure, Sport and Recreation, Human Movements, Physical Education and Personal Training are also available. Certificate III in Community Recreation is offered in Year 10 and 11. Tennis coaching, sports administration and managerial positions are also possible. School based traineeships are also available to students while completing years 11 and 12.

Over the years our players have followed a variety of career paths ranging from playing club tennis in Germany, to coaching, or becoming fitness instructors, and high school teachers. Several of our players have accepted scholarships to American universities with great success. Tennis Queensland has continually supported the program as they see it as an integral part of the player’s development and a vital ‘link’ with full time programs.

Course Structure

The Queensland Tennis School of Excellence offers:

- Middle/Primary School of Excellence in Tennis – Years 4, 5, 6, 7 – approximately 4 ½ hours per week, run before school only.
- Excellence – Years 8, 9 – approximately 7 hours per week, including some training before school. Students select tennis as an elective subject.
- Queensland Tennis School of Excellence – Years 10, 11, 12 - approximately 12 ½ hours per week. Students study 5 academic or vocational subjects with Tennis as their sixth.

Course Outline

The program is divided into 4 areas:

Development of Tennis Skills
- Skills assessment/video analysis
- Tactical play/match analysis

Development of Fitness
- Physiotherapist screening/individual programs
- Components – aerobic/stretching/agility/speed
- Strength training program/rehabilitation

Preparation for Tournaments
- Goal setting/time management
- Sports Psychology, Nutrition, Sports Medicine (Injury prevention)

Education of the Player and Career options
- Coaching principles in Schools, students will develop coaching skills in preparation for a possible coaching career post-school.