

## Professional Associations

Guidance Officers employed by Education Queensland must meet the criteria of being a registered teacher through the [Queensland College of Teachers](#).

Guidance Officers may also hold professional membership with one or more of the following professional associations.

<a href="#">QGCA</a>	<p>The Queensland Guidance and Counselling Association (QGCA) is the peak body representing guidance and counselling professionals in Queensland schools and other educational settings. With members from state, Catholic and independent schools the QGCA contributes to and endorses excellence in education by promoting quality leadership in guidance and counselling, high ethical standards and by providing effective individual and professional support to members and representation to employing bodies.</p> <p>We aim to contribute to and endorse excellence in education by promoting quality leadership in guidance and counselling, high ethical standards and by providing effective individual and professional support to members.</p>
<a href="#">APACS</a>	<p>APACS is a peak national professional association for school psychologists, school counsellors and guidance officers in Australia.</p>
<a href="#">QASA</a>	<p>QASA represents student advisers in Independent schools, TAFE Institutes, State Schools, Universities, Private Education Providers and Government Departments. Our prime role is to foster the sharing of information (career, course, financial support, accommodation, labour market trends) of interest to students.</p>
<a href="#">CICA</a>	<p>CICA is the National Peak Body for the Career Industry in Australia. Its establishment in 2000 was a world first and it continues to be a leader in the field. It is a focal point for government and other stakeholders concerned for and interested in promoting quality career development services in Australia.</p>
<a href="#">APS</a>	<p>Australian Psychological Society.</p>

### QGCA Brochure

<https://qgca.org.au/wp-content/uploads/2015/09/QGCA-GO-BROCHURE.pdf>

## Learning and Wellbeing

<a href="#">Headspace</a>	Headspace is the National Youth Mental Health Foundation. We help young people who are going through a tough time.
<a href="#">beyou</a>	Be You provides educators with knowledge, resources and strategies for helping children and young people achieve their best possible mental health.
<a href="#">Youth Beyond Blue</a>	Depression and anxiety are among the most common mental health problems experienced by young people. Often, the symptoms aren't recognised and therefore young people don't get the help that's needed. Sometimes, the signs can be ignored or passed over as "just part of growing up".
<a href="#">Beyond Blue</a>	beyondblue is a national, independent, not-for-profit organisation working to address issues associated with depression, anxiety and related disorders in Australia.
<a href="#">Head to Health</a>	If you're trying to improve your own mental health, or support somebody else with mental health issues, Head to Health provides links to trusted Australian online and phone supports, resources and treatment options.

<a href="#">Your Mental Wellbeing</a>	<p>Queensland Government website.</p> <p>Your mental wellbeing is the unique way that you handle your emotions, respond to stress and also your general outlook on life. Having a healthy sense of mental wellbeing has many benefits. It lifts your mood, promotes resilience in difficult situations and helps you get the most out of life. It doesn't matter who you are, where you live or how you're feeling – taking a few moments for yourself each day will help you be a happier and more resilient you.</p>
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## Support Websites for Young People and Parents

<a href="#">Kids Helpline</a>	<p>Kids Helpline is a counselling service for Australian children and young people aged between 5 and 25 years.</p>
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<a href="#">Lifeline</a>	<p>Lifeline is a national charity providing all Australians experiencing a personal crisis with access to 24 hour crisis support and suicide prevention services.</p> <p>We're committed to empowering Australians to be suicide-safe through connection, compassion</p>
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<a href="#">Parentline</a>	<p>Parentline is a confidential telephone service providing professional counselling and support in Queensland and the Northern Territory.</p>
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<a href="#">Raising Children's Network</a>	<p>Raising Children Network is the complete parenting resource for all stages from pregnancy to newborns to teens. We offer research-based content on hundreds of topics for children and grown-ups. On this page, you'll find links to more information about the website and our team, as well as resources to help you promote the website and stay in touch.</p>
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## Cyber Safety Resources

<a href="#">eSafety Commissioner</a>	<p>Designed to support and encourage participation in the digital economy by providing information and education which empowers all australians to be safe online.</p>
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