

SPORT, RECREATION AND FITNESS CAREERS

FOR STUDENTS

Being paid to keep yourself or others fit and healthy makes sport, recreation or fitness an excellent career choice alternative to a trade or office job. We'll help you gain the qualifications you need to enjoy one of these healthy careers, while making friends and learning from experienced mentors who want you to be successful!

The College of Health and Fitness offers students a combined Certificate II in Sport and Recreation and Certificate III in Fitness with an exit at Certificate II level if preferred. Students completing both qualifications get two great career options, a total of eight (8) QCE points and a course with both theory and practical experience!

CERTIFICATE II

In Sport And Recreation (SIS20115)

- ✓ There are no entry requirements for the Certificate II in Sport & Recreation.
- ✓ The Certificate II in Sport and Recreation is a nationally recognized qualification which attracts VETIs funding for Queensland students* (conditions apply).
- ✓ Students will be eligible for four (4) QCE points on completion of the Certificate II in Sport and Recreation

CERTIFICATE III

In Fitness (SIS30315)

- ✓ There are no entry requirements for the Certificate III in Fitness
- ✓ The Certificate III in Fitness is a nationally recognized qualification which provides a first step to becoming a Personal Trainer or perhaps pursuing university courses in exercise or health
- ✓ Students will be eligible for eight (8) QCE points on completion of the Certificate III in Fitness

[APPLY ONLINE](#)

For an informal chat phone (07) 3385 0195

CODES	UNIT OF COMPETANCY
BSBWOR202	Organise and complete daily work activities
HLTAID003	Provide first aid
HLTWHS001	Participate in workplace health and safety
SISXCAI002	Assist with activity sessions
SISXCCS001	Provide quality service
SISXEMR001	Respond to emergency situations
SISXIND001	Work effectively in sport, fitness and recreation environments
SISXIND002	Maintain sport, fitness and recreation industry knowledge
BSBRK401	Identify risk and apply risk management processes
SISXFAC002	Maintain Sport, Fitness and Recreation Facilities
SISXCAI006	Facilitate groups
SISXFAC001	Maintain equipment for activities
BSBCMM201	Communicate in the workplace
SISFFIT001	Provide health screening and fitness orientation
SISFFIT002	Recognise and apply exercise considerations for specific populations
SISFFIT003	Instruct fitness programs
SISFFIT004	Incorporate anatomy and physiology principles into fitness programming delivery
SISFFIT005	Provide healthy eating information
SISFFIT014	Instruct exercise to older clients into fitness programming delivery
SISFFIT006	Conduct fitness appraisals
SISFFIT011	Instruct approved community fitness programs

APPLY ONLINE



National Provider Number: 30798



For an informal chat phone (07) 3385 0195