Kelvin Grove State College

The Pursuit of Excellence With All Our Might

Course Structure

	Sessions Per Week	Strength and Conditioning	Physiotherapy Screenings	Physiotherapy Triage	Injury Rehabilitation	Nutrition Program	Yoga	Sport Psychology	Cert III in Fitness	Cert IV in Fitness
Year 4-6	1									
Development Squad	4	*	*	*	*	*	*	*		
Senior Squad	7	*	*	*	*	*	*	*		
Year 10									*	
Year 11									*	
Year 12										Optional extra